

Celebrating Faith Milestones

Eight children and their parents attended our communion class this past Wednesday. Those who feel ready will begin to take communion! We are excited for this next step of faith for these children.

Soup Supper and Worship - Wednesdays During Lent



5:45 pm Soup Supper
Please sign up to provide a soup for one (or more) of the soup suppers.
Please label your soup with what is in it.
6:30 pm Worship Service

Lent schedule for JaM, Soup Supper, Youth Group, and Choir begins March 4.

Refugee Resettlement Update

With the help of many volunteers from FLRB and St. Luke Parish the family moved into their Lynnwood apartment on February 22. Volunteers also stocked the pantry and refrigerator with food.

As they adjust to life in a new country the two churches will be providing rides to various appointment, helping get the children registered for school and family members registered for ESL classes, providing tutoring and language development help and teaching them to navigate public transportation. Many thanks to our congregation for the many ways you have helped and are continuing to help this family in the resettlement process.

The family needs 3 used, but in good condition, cell phones (no flip phones). The cell phones would need to be cleared of all data. If you have a cell phone you would like to donate please call or e-mail Judy Borrow (206-546-3716 or jborrow@comcast.net). The congregations are not paying for the cell phone service, we are only providing the phones.

Walk to Jerusalem 2020

This week we have walked 632.1 miles to make a total of 3299.4 miles going to Jerusalem – which is 8000 miles. We are currently staying in New York City until we have a total of 3687 miles to cross the Atlantic Ocean to Morocco. We have accrued 534 miles so we need 3153 miles to get across! Get up and “WALK” – please record your miles too. It’s never too late to start!

The details:

- A virtual 8,000 mile journey representing the distance between Shoreline and Jerusalem.
 - The walk has begun. People can join in any time.
 - Log your weekly miles on the progress chart in the Narthex.
 - All physical activities count, whether you are working out in a gym, kayaking, running, walking, yoga (even chair yoga), etc. If you aren't able to measure your miles, 20 minutes of exercise equals one mile.
 - Each week the miles will be tallied and marked on a map to show you how far “we” have walked!
 - Consider walking with someone, and sharing life and stories. Prayer cards are available if you are interested in praying as you walk.
- Questions? Cathy Thomas, RN, Parish Nurse (nurse@flrb.org or 206-546-4153).



CALENDAR

Sunday, March 1

8:30 am.....Classic Service
9:45 am..... Education Hour
* Sunday School, Confirmation, and Adult Education
11:00 amPraise Service
12:10 pm..... Time of Prayer and Healing

Monday, March 2

6:00 pm.....Bell Choir Rehearsal

Tuesday, March 3

9:00 am.....Inasmuch Quilters
10:30 amStaff Meeting
11:30 am Mom’s Bible Study

Wednesday, March 4

10:00 am Word of Life Bible Study
5:00 pm.....JaM (Jesus and Music for Children)
5:45 pm..... Soup Supper
7:00 pm..... Youth Group
7:15 pm..... Choir Rehearsal

Thursday, March 5

5:00 pm..... Praise Band Rehearsal

Sunday, March 8

8:30 am.....Classic Service
9:45 am..... Education Hour
* Sunday School, Confirmation, and Adult Education
11:00 amPraise Service

This Week’s Prayer List

This list of prayer requests is for you to use as you pray in your home during the week. Prayers are included for three consecutive weekly bulletins unless otherwise requested.

(.....Hope in the Resurrection.....)

For the family of **Donald Baker** who died recently.
For the family of **Donna Speed**, who died February 19, 2020.

(.....Health, Healing & Comfort.....)

Pray for **Judy Poulsen; Bill Gese; Scott Lindberg;**
Derek Buchner; Lars Austnes; Norm Ediger; Cheryl Earhart;
Kenny Holmes; TJ Oliver; Ginger; Tami; Troy.

(.....In Praise & Thanksgiving.....)

For **Walter Fenton Robertson Burrell** born February 15, 2020.
Grandson of Eric Larson & Terese Bigelow.



FIRST SUNDAY OF LENT

Sunday, March 1, 2020 - 8:30 am & 11:00 am

Leading Worship Today

Pastor John Bjorge, Preacher/Presider
Terry Baird, Faith Formation Director
Joel Bevington, Director of Music Ministries
Liturgical Assistant: Nancy Dalan
Acolytes: 4th - 6th Graders
Hospitality: Red Team

Welcome to First Lutheran of Richmond Beach!

First Lutheran is a vibrant community of faith dedicated to:

- inviting all people to discover a confident faith in Jesus,
- equipping them with a faith that works in real life, and
- sending them out as ambassadors and servants of Christ in the world!

We believe that Jesus is life—the rest is just detail! We also believe that we’re incomplete without you! Join us for worship! Join us as we grow in our faith! Join us as we share God’s love through service to others! See what a difference Jesus can make in your life!

Welcome Cards - All new worshipers are encouraged to fill out a pew card with your name, contact info and date. This card may also be used to indicate a change of address. The back of the card offers space for comments or prayer requests. Please place your card in the offering plate during offertory.

Large Print - The ushers can provide large print bulletins and large print Bibles for your use during worship.

Children are Welcome to Worship! Children’s bulletins and Busy Bags containing soft toys, crayons and paper are available for children in the Narthex.

Worship Creations - Each week during worship there will be packs of supplies available to create and/or respond to the story that is being preached on that week. This is an opportunity for kids (and adults) who would like to have a creative way to respond as they participate in worship.

Nursery Care - Nursery is available for children (age 3 months through 6 years) in the first floor education wing. An usher can provide directions.

Scripture Readings for **Sunday, March 8, 2020:**
Psalm 34:11-14; Mark 10:32-52



FIRST LUTHERAN CHURCH OF RICHMOND BEACH
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LIVING

Farewell to the Craigs

Carole Craig and her daughter Cheryl will be moving to Oregon in a few weeks. On March 15 beginning at 10:30 am we will celebrate and bid them farewell. The celebration will continue following the second service.

On Saturday, March 21 there will be a work party to help them move: 12:00 pm - 4:00 pm at their home. For details contact Cathy Thomas, Parish Nurse (nurse@flrb.org).

Time of Prayer & Healing - Today

A Time of Prayer and Healing will be held **March 1** in the Sanctuary immediately following the 11:00 am worship service. This will be a time when we can pray for people requesting prayer and healing; we can also offer intercessory prayers for those people not in attendance.

Musicians for Easter

Calling all Musicians! This year, Easter services will be led by our musicians here at First Lutheran—including some great instrumental arrangements of hymns and worship music. Rehearsals will begin in March and our performances will be on Easter Sunday (April 12th) at the 8:00 am, 9:30 am, and 11:00 am services. Do not worry if you can't play for all services, we can work that schedule out based upon availability and interest. For more information contact Joel Bevington (music@flrb.org).

Adult Education for 2020 - Sundays, 9:45 am in the Upper Room

3/1 “Finding Our True Voice: Authentic Music-Making at First Lutheran”
by Joel Bevington

3/8, 3/15, 3/22, 3/29 “What Does it Mean to be Lutheran?”

by Pastor John Bjorge

Do you come from another religious tradition? Did you grow up Lutheran but Confirmation seems like a century ago and you probably have to admit you weren't paying that much attention? Were you raised in the Lutheran church but still have questions about what Lutherans think and believe? Here is your chance to find out more about the Lutheran heritage. During four Sundays in March between worship services Pastor John will lead a lively discussion on what it means to be Lutheran.

Parent Sunday School

Are you a parent looking to grow in faith and connect with other parents? You are not alone. The joy of a church is the community that we have in Christ. You are invited to join other parents during Sunday School for a time to connect and discuss the scripture for the week. *Sunday mornings, 9:45-10:45 am.*

FLRB CHURCH STAFF DIRECTORY

Church office: 206-546-4153 or visit www.flrb.org

Staff:

John Bjorge, Pastor	Ext. 106	pastorjohn@flrb.org
Joel Bevington, Director of Music Ministries	Ext. 201	music@flrb.org
Terry Baird, Director of Faith Formation	Ext. 225	ffd@flrb.org
Laura Schleede, Preschool Director	Ext. 140	preschool@flrb.org
Christina Nichols, Office Manager	Ext. 136	office@flrb.org
Karen Ewing, Bookkeeper	Ext. 139	parishadmin@flrb.org
Cathy Thomas, RN, Parish Nurse	Ext. 103	nurse@flrb.org
Germai Berhe, Facilities Supervisor	Ext. 220	facilities@flrb.org

LOVING

Flu and Cold Prevention

During this time of highly contagious viruses, flu and colds, please be respectful of the health of others in our community who may be getting chemotherapy, our young and our elderly. There is hand sanitizer in the front and back of our sanctuary. It is very acceptable to “share the peace” without a handshake if there is any concern. Be well! Cathy Thomas, RN, Parish Nurse

STARS Event

Singly Together After Retirement—A group of single retirees who meet for activities in the region.

The STARS will be going to the **Bill and Melinda Gates Discovery Center for a Private Tour** on Thursday, March 19, leaving the church parking lot at 11 a.m. We can bring at least 15 people and will need confirmation of your attendance by Friday, March 13.

Our private tour begins at noon and will last one hour. We will have time to browse following the guided tour and plan to have a meal after the visit to the Center. Please let Bev Klein (206) 801-7871 or Sylvia Pugh (206) 522-8945 know if you will be coming.

Elementary Retreat at Lutherwood: March 20th - 21st

An overnight filled with singing songs, kayaking, Gaga Ball, s'mores and more!

Who: 1st-6th Graders (Parents welcome)

Cost: \$63/camper, \$46/adult.

Details: Meet at FLRB 4:15 pm, Friday. Bring a Sack Dinner.
Return 8:00 pm, Saturday.

Register: Contact Terry ASAP to register (ffd@flrb.org).

Call for FLRB Artists and Crafters

First Lutheran artists and crafters, would you like to participate in the Second Annual FLRB Art Show? The show will take place in late spring (date TBD). This is not an art sale, but rather a day for all artists and crafters at First Lutheran to share their work with our church community. If interested, please contact Shirley Fjoslien (206-546-3964) or Song Rothwell (206-542-3565).

FLRB Preschool & Kindergarten Board

Our school board is a group of dedicated individuals who provide guidance and support to the school in so many invaluable ways. We are looking to grow our board. If you would like to support the school in a deeper way, please consider serving on the school board. Contact Laura Schleede at 206-546-0320 or preschool@flrb.org if you are interested.

FLRB Preschool & Kindergarten Registration

Registration for First Lutheran Preschool & Kindergarten has begun. Programs for children 20 months to 6 years old. For more information, contact Laura Schleede: preschool@flrb.org or 206-546-0320.

2020 Daily Texts

The 2020 Daily Texts have arrived. Cost: \$8.00

Books are at the hospitality desk. Payment for the book can be placed in the offering plate or the office's mail slot using the labeled envelope tucked inside each book.

SERVING

Worship Preparation Volunteers Needed

Help prepare the candles and communion elements for Sunday worship. This is a weekly need that could be divided among several people. For more information, contact Christina at office@flrb.org or 206-546-4153 ext 0.

Backpacks for Kids

Thanks to the generosity of the congregation and FLRB Preschool & Kindergarten families, our church is able to participate in the Shoreline Backpacks For Kids program. Each week FLRB delivers weekend food for 13 Syre Elementary students who are eligible for free or reduced fare breakfast and lunch during the school week. Please consider purchasing some of the items listed below for this program. There is a collection box by the office for your convenience.

Chocolate Milk (8 oz. shelf stable)	Fruit Cups Belvita Breakfast Biscuits	Cheese and Cracker pkg Peanut Butter/Cracker pkg
Healthy Choice Soup (15 oz)	Fruit Snack pkg Instant Oatmeal variety pk	Canned Tuna Saltine Crackers
Mini Ravioli or Spaghetti (15 oz)	Hot Chocolate packets Easy Mac (individual pkt)	Top Ramen Oatmeal Packets
Small Juice Pouch	Sleeve Soda Crackers	
Pudding Cups (4 oz)	Chili (15 oz)	

News from The Hearthstone at Green Lake

The Hearthstone at Green Lake held its 54th Annual Meeting on February 20. First Lutheran of Richmond Beach was one of the founding churches of this lovely retirement home, and Dave Rice has been FLRB's voting delegate since 2007. Also, several current and former members of FLRB are Hearthstone residents. In addition to the multi-storied building right at Green Lake, two smaller, independent-living apartment complexes have now been completed just a block away—the Cove West and now the adjacent Cove East. Cove East was completed in late 2019 and its 22 apartments are all reserved and presently being moved into. The Hearthstone also offers assisted living, nursing care, and memory care and has earned a 5-star rating from DSHS, placing it among the top providers in the state. The organization is on stable financial footing as it continues to increase revenue and reduce costs. It also cares for the surrounding community and has supported over 20 organizations. A copy of the Annual Review is on our Hospitality Desk. For those wishing to volunteer or donate, please visit the website: www.hearthstone.org.

Offering Envelopes

Offering envelopes have moved from the hospitality desk to the offices. Staff in the front office can get them for you. If you have any questions, please contact bookkeeper, Karen Ewing (parishadmin@flrb.org).

Income and Expense Summary January 2020

	JAN	YTD
Giving/Income	\$56,450.00	\$383,658.88
Expense	\$69,353.51	\$363,747.32
Net	(\$12,903.51)	\$19,911.56

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