Celebration of Saratov Mission

After 16 years of providing support to the Lutheran Church in Saratov, Russia, First Lutheran has declared Mission Accomplished! Join in the celebration on Sunday, January 26, at 9:45 am in the Fellowship Hall.



There will be displays, pictures and mementos to enjoy. Also, look forward to savoring some Russian Teacakes along with our regular hospitality items. Eva Mader, of our Synod's Team Russia since the very beginning, will join us for this informal program and will say a few words. She has been of tremendous support to us during this mission. FLRB members who have been to Saratov or to Russia for other purposes have also been invited and perhaps will share their thoughts. Come celebrate what we have accomplished with this successful, far-away mission.





Semi-Annual Meeting

On January 26, 2020 following the second worship service, plan to come to the Upper Room for the Semi-Annual Meeting. The business on the agenda includes approving our Nominating Committee & voting on a capital fund drive for a new audio/visual system. We will also be reviewing our year-to-date financials and receiving updates on our programs and outreach activities. Please join us to be informed, meet new friends and enjoy fellowship with one another! *Nursery Available*.

CALENDAR

Sunday, January 26	
8:30 am	Classic Service
9:45 am	Education Hour
* Sunday School, Confirmation,	Saratov Celebration in Fellowship Hall
	Praise Service
12:15 pm (following second service	e) Semi-Annual Meeting
Monday, January 27	
	Women's Bible Bunch
Tuesday, January 28	
	Inasmuch Quilters
	Staff Meeting
	Mom's Bible Study
	Cancer Support Group
Wednesday, January 29	
10:00 am	
	JaM (Jesus and Music for Children)
6:00 pm	Praise Band Rehearsal
6:30 pm	Student Leader Meeting
	Choir Rehearsal
Sunday, February 2	
8:30 am	Classic Service
9:45 am	Education Hour
* Sunday Scho	ool, Confirmation, and Adult Education
	Praise Service

This Week's Prayer List

This list of prayer requests is for you to use as you pray in your home during the week. Prayers are included for three consecutive weekly bulletins unless otherwise requested.

(.....Hope in the Resurrection....)

For the family of **Jeanne McGaugh** who died December 28, 2019. For the family of **Billie Staab** who died recently. For the family of **Christine Nelson** who died recently. For the family of **Hazel Edholm** who died January 15, 2020.

(.....Health, Healing & Comfort.....)

Pray for Judy Poulsen; Bill Gese; Scott Lindberg; Lars Austnes; Norm Ediger; Paul Reggep; Tom Bailey; Phil Frasier; Marian Schroedl; Tami; Terry; Amelia, Kimie, & Nic Nova. For the people of Ponce, Puerto Rico after the recent earthquakes.



THIRD SUNDAY AFTER THE EPIPHANY

Sunday, January 26, 2020 - 8:30 am & 11:00 am

Leading Worship Today

Pastor John Bjorge, Preacher/Presider Terry Baird, Faith Formation Director Joel Bevington, Director of Music Ministries Liturgical Assistant: Nancy Dalan Acolytes: 4th - 6th Graders Hospitality: Green Team

Welcome to First Lutheran of Richmond Beach!

First Lutheran is a vibrant community of faith dedicated to:

- inviting all people to discover a confident faith in Jesus,
- equipping them with a faith that works in real life, and
- sending them out as ambassadors and servants of Christ in the world!

We believe that Jesus is life—the rest is just detail! We also believe that we're incomplete without you! Join us for worship! Join us as we grow in our faith! Join us as we share God's love through service to others! See what a difference Jesus can make in your life!

Welcome Cards- All new worshipers are encouraged to fill out a pew card with your name, contact info and date. This card may also be used to indicate a change of address. The back of the card offers space for comments or prayer requests. Please place your card in the offering plate during offertory.

Large Print - The ushers can provide large print bulletins and large print Bibles for your use during worship.

Children are Welcome to Worship! Children's bulletins and Busy Bags containing soft toys, crayons and paper are available for children in the Narthex.

Worship Creations-Each week during worship there will be packs of supplies available to create and/or respond to the story that is being preached on that week. This is an opportunity for kids (and adults) who would like to have a creative way to respond as they participate in worship.

Nursery Care - Nursery is available for children (age 3 months through 6 years) in the first floor education wing. An usher can provide directions.

Scripture Readings for **Sunday, February 2, 2020**: Psalm 131; Mark 5:21-43



FIRST LUTHERAN CHURCH OF RICHMOND BEACH

18354 8th Avenue Northwest Shoreline WA 98177 206.546.4153 www.flrb.org

LIVING

Adult Education for 2020 - Sundays, 9:45 am in the Upper Room

"Celebration of Saratov Mission" in the Fellowship Hall. (See separate announcement for more details).

2/2 "Fearfully and Wonderfully Made" by Lisa Marquart

Self-Care has a purpose and can help establish feelings of vitality and balance, free from the anxiousness caused by the ups and downs of life. Learn more about practical ways of integrating (evidence-based) self-care into our busy lives.

Lisa McAndrew Marquart serves as founder, whole-health behavior change specialist, health and well-being educator, and whole-child advocate for Baton Health.

2/9 "Go and Do Likewise" by Lisa Marquart

Go and Do with greater impact! Learn the basics behind Community Healthy Living Indexing and how everyday people and community settings can bring about needed positive change.

FLRB Preschool & Kindergarten

Registration for First Lutheran families and families of current and former students begins February 1, 2020. Programs for children 20 months to 6 years old. For more information, contact Laura Schleede: preschool@flrb.org or 206-546-0320.

Women's Bible Bunch

Attention First Lutheran Women: if you are looking for a fun women's group where you will discover refreshment in studying God's word, share fellowship, prayer, joy, even tears and laughter, and have the chance to plan luncheons and events, then you will want to join us!

When: 12:00 pm on January 27 *special date (regular schedule: 3rd Monday of the month)

Where: the church library

All you need is your Bible, paper & pen, a sack lunch and an expectation for God's Blessings! Our current study is in the book of Isaiah. Beverage and dessert will be provided. Contact Person: Dorothy Clausen daclaus@comcast.net or 425-776-2694.

Cancer Support Group

Our next meeting will be on Tuesday, **January 28 at 6:30 pm** in the Narthex. This is for cancer survivors, cancer patients in treatment, newly diagnosed people and caregivers or family members who have a loved one with cancer. Questions? Contact Sherry Shellman, 206-794-6508.

FLRB CHURCH STAFF DIRECTORY

Church office: 206-546-4153 or visit www.flrb.org

<u>Staff:</u>		8
John Bjorge, Pastor	Ext. 106	pastorjohn@flrb.org
Joel Bevington, Director of Music Ministries	Ext. 201	music@flrb.org
Terry Baird, Director of Faith Formation	Ext. 225	ffd@flrb.org
Laura Schleede, Preschool Director	Ext. 140	preschool@flrb.org
Christina Nichols, Office Manager	Ext. 136	office@flrb.org
Karen Ewing, Bookkeeper	Ext. 139	parishadmin@flrb.org
Cathy Thomas, RN, Parish Nurse	Ext. 103	nurse@flrb.org
Germai Berhe, Facilities Supervisor	Ext. 220	facilities@flrb.org

LOVING

Walk to Jerusalem 2020

Once again, as a congregation, we will WALK to Jerusalem! We will arrive by Easter, April 12.

This is a virtual walk. It is 8,000 miles to Jerusalem from Shoreline, so we need to start right away – it will be 12 weeks if we start right now...and people can start at any time. All physical activities count, whether you are working out in a gym, kayaking, running, walking, yoga (even chair yoga), etc. If you aren't able to measure your miles, 20 minutes of exercise equals one mile. There is a Weekly Progress sheet in the Narthex where you can record the miles, and a map to show you how far "we" have walked! Consider walking with someone, and sharing life and stories. This year in Lent, we will hear some stories of people in our congregation...that begins with Ash Wednesday, February 26. This will help you with your New Year's resolutions, with a healthy mind and body! Prayer cards are available if you are interested. Questions? Contact Cathy Thomas, RN, Parish Nurse (nurse@flrb.org or 206-546-4153). Walk on!

STARs Visit MOHAI Museum

The STARs group is planning to visit the Museum of History and Industry on Thursday, February 6, which is a Free Day. We will carpool leaving from the Church at 10:30 am. The MOHAI Museum has a cafè on the premises where we can have lunch. If you are interested and able to join us, please let Bev Klein (206 -801-7871) or Sylvia Pugh (206-522-8945) know you plan to come.

The group is also planning to visit The Bill and Melinda Gates Foundation in March. The date will be determined soon.

New Opportunity for Parents

Are you a parent looking to grow in faith and connect with other parents? You are not alone. The joy of a church is the community that we have in Christ. You are invited to join other parents during Sunday School for a time to connect and discuss the scripture for the week. *Sunday mornings*, 9:45-10:45 am in the *Library*.

2020 Daily Texts

The 2020 Daily Texts have arrived. Cost: \$8.00 Books are at the hospitality desk. Payment for the book can be turned in to the offering plate or the office's mail slot using the labeled envelope tucked inside each book.

Upcoming Beachcomber

FLRB's next Beachcomber newsletter will be published toward the end of February. Please submit information about church events and activities (focusing on what is happening March through May) to office@flrb.org by **February 7.**

A Note of Thanks

Thank you to everyone who reached out to us during Juliet's hospitalization. Your prayers and support made a big difference for our family. Juliet's recovery is going well!

-The Malay Family

SERVING

An Opportunity to Serve

We are looking to assemble a team to prepare the candles and communion elements for Sunday worship. This weekly need is a great way to serve behind the scenes. For more information, contact Christina at office@flrb.org or 206-546-4153 ext 0.

Refugee Resettlement Project Update

The refugee committees of St. Luke and FLRB have done a wonderful job of getting things ready for our refugee family. Once we hear from Lutheran Community Services about the size of the family and which country they are from, we will have about a week for final preparations.

We will keep you updated as we get information. For now we are just waiting and ask your prayers for their safety.

Compass Housing Alliance Compassion Brunch - February 15, 10:30 am

You're invited to join Compass Housing for a brunch inspired by it's roots in the Scandinavian Lutheran community, including modern twists on traditional Nordic dishes. The program honors the churches' commitment to our homeless and low-income neighbors throughout the Puget Sound region. There is no cost to attend the brunch. For more information or to reserve your seat, contact Jim Borrow 206-546-3716.

Backpacks for Kids

Thanks to the generosity of the congregation and FLRB Preschool & Kindergarten families, our church is able to participate in the Shoreline Backpacks For Kids program. Each week FLRB is delivering weekend food for 13 Syre Elementary students who are eligible for free or reduced fare breakfast and lunch during the school week. Please consider purchasing some of the items listed below for this program. There is a collection box by the office for your convenience.

Chocolate Milk (8 oz. shelf stable) Healthy Choice Soup (15 oz) Mini Ravioli or Spaghetti (15 oz) Peanut Butter (16 oz)	Fruit Snack pkg Instant Oatmeal variety pk Hot Chocolate packets	Easy Mac (individual pkt) Sleeve Soda Crackers Chili (15 oz) Mac & Cheese (boxed) Cheese and Cracker pkg Peanut Butter/Cracker pkg Canned Tuna
Small Juice Pouch	Granola Bars	Saltine Crackers

Offering Envelopes

Offering envelopes will be in the office of Karen Ewing for anyone who still needs to pick them up. If you have any questions, please contact bookkeeper, Karen Ewing (parishadmin@flrb.org).

Income and Expense Summary December 2019

	<u>DEC</u>	<u>YTD</u>
Giving/Income	\$94,767.42	\$327,208.88
Expense	\$55,615.07	\$294,421.15
Net	\$39,152.35	\$32,787.73

Scan here to give online:

